AUGUST 2026 COMMUNICATION

ZOROASTRIAN TRUST FUNDS OF EUROPE
ZOROASTRIAN CENTRE FOR EUROPE
440 ALEXANDRA AVENUE
HARROW, HA2 9TL
UNITED KINGDOM

The Zoroastrian Trust Funds of Europe

commemorates its 165th year of serving the Zoroastrian community in UK and Europe.

ZTFE wishes the Zoroastrian Community especially our Donors, Membership & Well-wishers

Shahenshai Navroze 1396 YZ, Saturday, 15 August 2026

ZTFE strives for happiness and cohesion in the Zoroastrian and wider Community Worldwide, and manifests **Good Thoughts, Good Words and Good Deeds** to build a stronger more resilient Society.

ZTFE congratulates its Honorary Treasurer, Javid S Canteenwala OBE, on his appointment as an Officer of the Order of the British Empire in the King's Birthday Honours List 2026, in recognition of his services to philanthropy and charity — among the highest forms of national recognition for voluntary service.

ZTFE congratulates our ZTFE Patron Lord Karan F Bilimoria CBE DL on 20 years of service as a UK Parliamentarian in the House of Lords. He was Created Baron Bilimoria of Chelsea on 16 June 2006. Lord Bilimoria took his seat on 24 July 2006 and delivered his maiden speech on 27 November 2006.

SOAS Zoroastrian Leadership Mobeds Programme held in July 2026 focussed on skills in pastoral care and community leadership. The Mobeds and academic mentors gathered at the Zartoshty Brothers Hall, Zoroastrian Centre to celebrate Tirgan by the Fasli Calendar.

Zoroastrian Trust Funds of Europe, Zoroastrian Centre for Europe

440 Alexandra Avenue, Harrow, HA2 9TL, United Kingdom

Oldest Faith Based Voluntary Organisation in the UK of South Asian Origin, Established 1861

Telephone: +44 208 8660765 E-mail: secretary@ztfe.com Website: www.ztfe.com

Zartoshty Brothers Hall, Religious and Cultural Centre of the Parsi and Irani Zoroastrian Community

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Dear ZTFE members and Well-Wishers,

This has been an eventful and uplifting few months. We thank all those who have contributed their time, Good Mind and energy to facilitate programmes of such value.

We look forward to your presence at Prayers and events. In case you are unable to attend the Jashans or Bois, the link to ZTFE Jashan and Boi ceremonies is on youtube as described on our website and in e-mails.

Photographs may be taken during events by ZTFE members and well-wishers for sharing by different media and communications. If you do not want your photograph to be published, please inform the person taking the photographs and by e-mail secretary@ztfe.com and dr.kokakavitakarishma@cantab.net
If you know of any events to share, please do let us know. Thank you.
Details of Events and Prayers are regularly shared in our regular e-mails.

With best wishes and warm regards from the ZTFE President, Management Committee and ZTFE teams as we come together at the Zoroastrian centre for our **ZTFE 120th Shahenshai Navroze celebrations.**

The Zoroastrian Trust Funds of Europe plays an important role in the Zoroastrian Community and in the wider Society to build bridges, bring people together and build a more resilient and happier world.

As Asho Zarathushtra guided:
Ushta ahmai yah ahmai ushta kammai chit (Ushtavaiti Gatha Yasna Ha 43.1)
Happiness comes through bringing happiness and harmony (Ushta) to all.

Gratitude to all involved in strengthening our joint efforts.

Ushta Te!
Dr. Karishma Koka
ZTFE Communications Officer.

Setayasht Gah Atash remains lit for 24 hours

For Setayasht Gah visits: Ervad Yazad T. Bhadha: 075 3326 9051 Ratan D. Buhariwala: 079 5688 1462

This event is subsidised through the generous bequest

of late ZTFE Life Member Mr Minoo M. Kalifa.

Licensed bar opens after the Jashan.

Dinner: **7:30pm – Starters**, followed by **MAIN COURSE & DESSERT**

Non-spicy & vegetarian options available. Please inform us of allergies in advance
All diners must carry tickets If not dining, kindly vacate the hall for planned seating.
LIVE MUSIC 10:00pm till late
Being Saturday night, this year we have live entertainment for you, featuring music with English, Bollywood, and Iranian songs, performed by the renowned husband-and-wife duo '*Man from Africa*', who will provide vibrant entertainment throughout the evening.

Crossbencher Rt Hon Baroness Usha Prashar of Runnymede CBE PC - Mentor to our ZTFE patron Lord Karan F Bilimoria CBE DL is our Chief Guest for our ZTFE 120th Shahenshai Navroze celebrations.

The entire proceeds from the Shahenshai Navroze raffle will be donated to the WZOTFI Gujarat Flood Appeal coordinated by Dinshaw Tamboly. Donations of good raffle prizes is very much appreciated.

Come, let us all celebrate the birthday of

Asho Zarathushtra

ZTFE: Zoroastrian Centre
440 Alexandra Avenue
Harrow, HA2 9TL

Thursday, 20 August 2026 – 6:00 PM
Shahenshai Khordad Sal Jashan & Celebratory Meal

A Jashan Ceremony to celebrate the birth anniversary of our beloved prophet Zarathushtra will be performed by our Ervad Sahebs followed by a Boi ceremony in the Setayesh Gah.

The Shahenshai Khordad Sal function has been made possible by an endowment from the estate of the late Dr Homi R. Pithawala. We are most grateful to the Pithawala family for their generosity.

ZTFE will be welcoming the The Worshipful Mayor of Harrow Cllr Yogesh Teli and Mayoress Mrs. Neela Teli, legendary cricketer Farokh Maneksha Engineer and the Bombay Parsee Gymkhana Cricket Team once again to the Zoroastrian Centre for our Khordad Sal celebrations.
Bollywood star Boman Irani may also be accompanying them.

A celebratory meal including non-vegetarian finger starters, Parsi style spicy prawn curry rice prepared by Zoe Foods and dessert, will be served afterwards. Egg curry / Vegetarian option available, please request when booking. Kindly inform if you have nut allergy or prefer non spicy prawn curry.
There will be a licenced cash bar.

All are welcome! Tickets £20/- for ZTFE Members & YZs under 18-35; £25/- for Member's guests; £15/- under 18 years; Free under 7 years.

No refunds after 16 August 2026.

Not to be missed.

Two Flames, One Fire: A Gala of Culture, Connection & Celebration:
an exciting event coming up, organised by a YZ with the help of the wider community.

On 3 October 2026, the Zoroastrian Centre will come alive for Two Flames, One Fire - an evening celebrating the rich, colourful and wonderfully diverse cultures of Parsi and Iranian Zoroastrians.

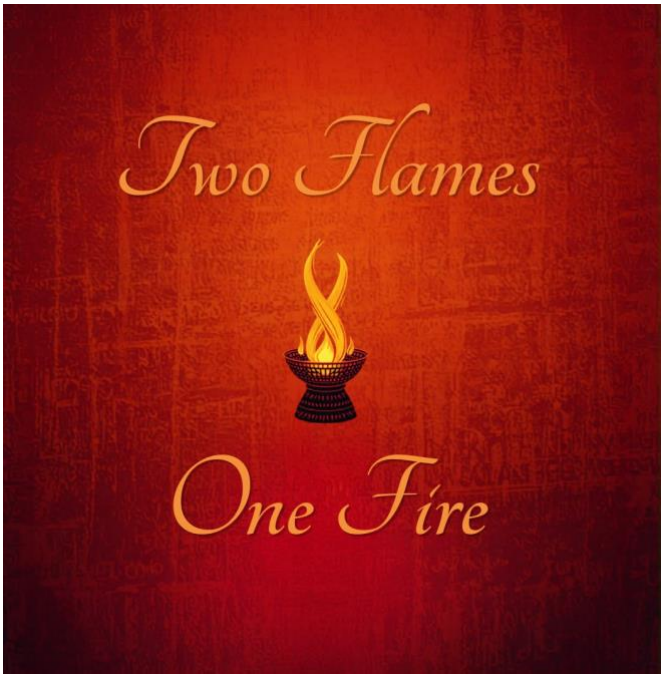
From 5pm onwards, guests are invited to experience a night where heritage takes centre stage, with fashion, dance, language, food and craftsmanship coming together under one roof. We will also be serving a range of Iranian and Parsi cuisine, as no celebration of our culture is truly complete without something delicious on the table.

At the heart of the evening is a desire to bridge the cultural gap between Parsi and Iranian Zoroastrians, exploring both the similarities and contrasts between these two vibrant traditions. Through carefully curated segments, the gala will showcase the beauty of Persian culture while celebrating the distinctive identities, histories and expressions found within the wider Zoroastrian community.
Guests can expect an evening filled with fashion, dance, and engaging games, alongside the chance to connect and learn more about our vibrant culture.

In other words: come dressed in your best cultural/formal clothing, stay for the fusion Iranian and Parsi three-course dinner, and experience the community at its liveliest.

Saturday, 3 October 2026
5pm–12am
ZTFE Zartoshty Brother's Hall, 440 Alexandra Ave, Rayners Lane, Harrow HA2 9TL
Ticket information coming soon.

We're also looking for fashion models and dancers to take part in the show!
No previous experience required, and all ages welcome to take part.
Sign up via the google form - https://forms.gle/FHDuv3gLRspPzQt5A



Muktad Ceremonies marked the last ten days of the Zoroastrian year from roj Ashtad of mah Aspandarmad to the Vahishtoisht Gatha. The work Muktad is derived from the term ***mukt ātmān*** representing the ***ashāunām*** "righteous" and meaning free souls.

This is a blissful event giving gratitude to the Fravashis (essence of Ahura Mazda in every creation) and remembering the Fravashis of the dear departed with gratitude for all that they have done for us. We also acknowledge and give gratitude to the essence of Ahura Mazda in all Creation – the Fravashis helping in Nature and those helping people. These include the living and the dear departed.

The annual Muktad ceremonies took place from Wednesday, 05 August 2026 until 14 August 2026, with the midnight farewell ceremony in the early hours of Saturday, 15 August 2026.
We express our gratitude to all our ZTFE resident Mobed Ervad Yazad Bhadha and all the Ervad sahebs for their sincere and divine prayers during this pious time.

As per ZTFE tradition Atash in the Setayasht Gah was lit for the entire duration of the Muktads. All five Boi ceremonies were performed in the Setayasht Gah, and the three Satum ceremonies performed daily in the Zartoshty Brothers Hall at the Zoroastrian Centre. the Anusheh Ravan Jashan, three Satum prayers, and five Boi ceremonies were performed each day.

Photograph courtesy Mahtab Munshi

Flowers beautifully arranged by Roshan Avari, ZTFE Administrative Secretary and Mahtab Munshi for which we are all grateful.
We take this opportunity to express gratitude to Mrs. Kerman Munshi for her role in arranging flowers for the Muktads for 28 years diligently until 2025.

The Zoroastrian Trust Funds of Europe plays an important role in sharing Zoroastrian values with the wider Society and contributes to National Open House events as well as hosting school visits. The Zoroastrian Centre Open House Event is one such in the annual calendar of events.

Please find a report on the Zoroastrian Centre Open House Event by **Ervad Yazad Bhadha**, organised on 13 September and 21 September 2025.
Like every year, this year as well the Zoroastrian Centre successfully hosted its Open House event on two occasions in September, held on 13th September and 21st September 2025, from 11am to 4.30pm.

The purpose of the event was to provide members of the public with an opportunity to learn about the Zoroastrian faith, culture, and heritage, as well as to appreciate the architectural features of the Centre.
A large number of visitors attended on both days, expressing keen interest and enthusiasm. The tour was divided into two parts:

1. The first half hour was dedicated to an architectural tour of the building, conducted by Mr. Robert Douglas, who provided an informative and engaging explanation of the structure, its history, and design features.
2. The second half focused on the Zoroastrian religion, culture, traditions, and rituals conducted by Ervad Yazad T Bhadha and Mr. Shiruy Billimoria. This segment offered valuable insights into the Zoroastrian faith and its enduring values and customs.

During the latter part of the session, guests also visited the Zoroastrian place of worship within the Centre, where the significance of various religious symbols and practices was explained in detail.
Visitors expressed their delight and fascination with both segments of the tour, appreciating the depth of knowledge shared and the warm hospitality extended to them. There were many questions which were asked and answered during the tour.

The Open House event was a great success, achieving its aim of promoting greater awareness, understanding, and appreciation of the Zoroastrian faith and community.

Recent Past events:
On Sunday, 10 May 2026, 4.30 PM: **Mobed The Parsi Priest**: **Premiere in the UK was held in the** Zoroastrian Centre, 440 Alexandra Ave, Rayners Lane, Harrow HA2 9TL Kingdom
This featured an immersive glimpse into the experience of children who live and undergo intensive training to become Mobeds at the last Zoroastrian priestly school still functioning in India, at a time when the Parsi culture and the ancient Avestan language of the scriptures are at risk of being lost from memory. Becoming a full Zoroastrian priest necessitates strict training, memorising extensive scriptures and their pronunciation in the ancient Iranian language of Avestan. This film gave viewers a unique glimpse into the lives of young children who leave home each term to live and train at the last functioning Zoroastrian priestly schools in India.

Saturday, 23 May 2026 - Heritage Celebration & Musical Concert
A special, formal evening celebrating our shared history, heritage and community.

The Zoroastrian Migration Stories Project, supported by Voluntary Action Harrow and funded by The National Lottery Heritage Fund, has been led since January 2025 by ZTFE volunteers Shiraz Sethna, Shazneen Munshi and Ruby Sethna. This inspiring initiative captures the powerful migration stories of Zoroastrians who made the UK their home, preserving their voices, memories and journeys for future generations.
We wish to take this opportunity to acknowledge, with gratitude, those whose courage, resilience, donations, voluntary service, and sacrifices helped establish and shape the ZTFE since 1861 and the wider Zoroastrian community, making it possible for current and future generations to thrive.

This event celebrated the opening of the formal exhibition at Headstone Manor & Museum (the local history museum for the London Borough of Harrow) in May 2026, alongside other community heritage projects funded by The National Lottery Heritage Fund.
To mark this milestone, two ZTFE workstreams join forces; the Zoroastrian Migration Stories project team, in collaboration with the Care in the Zoroastrian Community (CZC). At the Heritage Celebration at the Zoroastrian Centre on Saturday 23 May, highlights and early outcomes from the project were shared. The evening continued with the much-loved annual CZC concert, featuring performances by our own talented Young Zoroastrians Ervad Frazan Kotwal, Maya Kumana and Firoze Madon.

Regular monthly Parabhs are marked by the Shahenshai Calendar. In addition to these, events are marked as per the Fasli calendar as well as per ZTFE tradition. These included the Pir-E-Sabz celebrations and Tirgan prayers which brought together the Community, strengthening bonds and honouring tradition.

SOAS Zoroastrian Leadership Mobeds Programme held in July 2026 focussed on skills in pastoral care and community leadership. The Mobeds and academic mentors gathered at the Zartoshty Brothers Hall, Zoroastrian Centre to celebrate Tirgan by the Fasli Calendar.

Regular monthly events are held by the ZTFE. These include the Fun Club, the Care in the Zoroastrian Community (CZC) daily activities and special events, the Z Club and WZCC get together.

CZC Care in the Zoroastrian Community which brings together a large extended group of people of different ages to grow through care.

Second Sunday of each month: Fun Club classes included knowledge of culture vs religion, Iranian and Parsi culture and traditions, plus some fun cultural activities planned for the children, learning some Persian, Gujarati & Avestan words, role plays and arts and crafts!

Wednesdays *Z Club:*
The recent Z Club shared much joy, learning and brought people together as it does each month.
Book your place every month by contacting one of the following
Contact Gul Billimoria on 07951 126 391 or email gulshanrb@outlook.com,
Mahtab Munshi on 07720 877 016 or email mahtab26@hotmail.com, or
Ashraf Falahati on 07966 513 255 or email ashbastani67@gmail.com

Last Wednesday of the month the WZCC holds its monthly meeting : a relaxed evening with a good crowd

Community news:

This month we have a special section contributed by our members, featuring work dear to their hearts. We acknowledge each good deed guided by good thought that contributes to the Zoroastrian and wider community.

Contributions by Professor (Dr) Zubin Sethna

Care in the Zoroastrian Community – CZC

Care in the Zoroastrian Community (CZC) is an initiative of the Zoroastrian Trust Funds of Europe (ZTFE) that has been supporting older members of our community for the past eight years.

At the heart of CZC is a simple but powerful commitment: regular human contact. Through weekly telephone calls, our team of dedicated volunteers stay connected with older community members, offering friendship, conversation and reassurance, while also helping ensure that people continue to feel part of the wider Zoroastrian community.

Over time, these relationships have developed well beyond the weekly call. Many volunteers now visit those they support, arrange food drops, accompany them on outings and help with practical needs. Volunteers also organise lifts, cars and taxis so that older members can attend events, prayers and social gatherings at the Zoroastrian Centre in Rayners Lane — particularly important for those who may otherwise find it difficult to participate in community life.

The value of CZC lies not only in the practical assistance it provides, but in the relationships it creates. A regular call, a visit or help getting to the Centre can make an enormous difference to someone whose opportunities for everyday social contact may have reduced over time.

CZC reflects one of the strongest qualities of our community: looking after one another. What began as a programme of weekly calls has grown into a network of friendship, practical support and genuine care, delivered by committed volunteers who quietly make a meaningful difference to people's lives every week.

The core team consists of Rozy Contractor, Shiraz Sethna, Mahtab Munshi, Javid Canteenwala, and me, Zubin Sethna; but the real stars here are our team of incredible humanitarians….our volunteers….BRAVO to them all!!!

World Zarathushti Chamber of Commerce (WZCC) – UK Chapter

The World Zarathushti Chamber of Commerce (WZCC) is a global organisation dedicated to strengthening entrepreneurship, professional development and business connections across the Zoroastrian community. Through a mix of face-to-face and online events, WZCC creates opportunities for entrepreneurs and professionals to exchange knowledge, build relationships and support one another.

In the UK, the WZCC Chapter has been running monthly Zoroastrian Business Networking and Enterprise Evenings for the past couple of years under the strapline "Conversations, Connections, Collaborations." Held during the final week of each month at different venues across Central London, these informal evenings bring together Zoroastrian entrepreneurs, business owners and professionals to share ideas, discuss challenges, solve problems and spark new opportunities.

The breadth of conversation reflects the diversity of experience within the group. At our July gathering alone, discussions ranged from insurance, biotechnology and UX design to consumer goods, the economics of cheap beer at Wetherspoons (!), and the rapidly developing travel industry.

Alongside these regular networking evenings, WZCC UK also supports a programme of online seminars and specialist talks. Most recently, we welcomed Neil Massa, who spoke to an enthusiastic audience on "Developing Your Professional Network", offering practical insights into building meaningful professional relationships.

Our growing WhatsApp community now has more than 250 members, providing an active forum for introductions, ideas, opportunities and advice between events.

If you would like to join our group of entrepreneurs and professionals, please contact Zubin Sethna (07961 394052) or Javid Canteenwala (07956 589176).

Recent books…..

Two recent books offer very different, but equally fascinating, perspectives from within our community.

Dr Mazda Turel's *Bheja Fry: Stories from a Neurosurgeon's Clinic* brings together stories drawn from his life as a neurosurgeon, combining medicine with the deeply human experiences that surround patients, families and the extraordinary complexities of the brain. I was delighted recently to record a short video about the book, not least because there is an amusing connection with my own academic work. As an entrepreneurial marketing and consumer behaviour researcher, I spend much of my professional life trying to understand what goes on inside people's heads…why we buy, how we make decisions and what influences our behaviour. I do so metaphorically. Mazda, of course, has **actually been inside people's heads!** *Bheja Fry* is therefore a particularly enjoyable meeting point between two very different ways of understanding human beings.

At the other end of the bookshelf sits the substantial *The Zoroastrian World*, edited by Jenny Rose, Albert de Jong and Sarah Stewart. Published by Routledge in 2026, this 614-page volume brings together an international group of contributors to explore Zoroastrianism from its ancient origins through to the lived realities and challenges facing communities today.

I am especially proud to have contributed, with Rozy Contractor, the chapter **"A Caring Model for the Elderly in the UK"**, documenting the work of Care in the Zoroastrian Community (CZC).

Two very different books, then: one looking quite literally inside the human head; the other looking across the history, identity and future of an entire community. Both are well worth exploring.

Celebrating Three Years of Our Mum & Baby Group

Three years ago, Mobedyar Mahshad Khosraviani launched the Zoroastrian Mum & Baby Group after becoming a mother herself.

As a first-time mum to little Dara, and with the encouragement of Mahnaz Khosraviani, Mahshad was inspired to create a space where new and expectant Zoroastrian mothers could come together, connect, support one another and build meaningful friendships. The group was founded with a simple vision: to create a warm, welcoming and supportive space where Zoroastrian mums could socialise, share experiences and advice, empower one another, and enjoy special moments together with their babies and families.

What began as a small initiative has grown into a beautiful community of mothers and families across London — bringing friendship, laughter, support and a wonderful sense of connection to the community. Over the past three years, Mahshad has organised numerous gatherings and outings for mums, babies and dads, creating opportunities for families to come together and form lasting friendships.

Most recently, on Friday 7th August, she brought the mums together for a wonderful Mums' Night Out at Mirtala in Chiswick — a newly opened Mexican restaurant by Benaisha & Rishad.

It was a lovely evening filled with delicious food, laughter and great company. And for all the food lovers out there, Mirtala is definitely a must-visit!

As the children grow, the hope is that the Mum & Baby Group will continue to grow alongside them — strengthening the bonds between Zoroastrian mothers and families and creating a lasting legacy of friendship, support and community. ✨

If you are a new mum, expectant mum, or know someone who is, the group warmly welcomes you to join this growing family. ♡

There are many more wonderful events and meet-ups planned, and the community would love to have you be part of it! Join the Zoroastrian Mum & Baby Group:
https://chat.whatsapp.com/HILGjME6OnpGks52dohM5B?mode=gi_t

جشن سه سالگی جامعه‌ی مادر و کودک زرتشتی

.سه سال پیش، موبدیار مهشاد خسرویانی پس از مادر شدن، گروه مادر و کودک زرتشتی را راه‌اندازی کرد

مهشاد که برای نخستین بار مادر شده بود و مادرِ کوچولویی به نام دارا بود، با تشویق و حمایت مهناز خسرویانی تصمیم گرفت فضایی ،ایجاد کند تا مادران زرتشتیِ جدید و مادران باردار بتوانند در کنار یکدیگر جمع شوند، با هم آشنا شوند، از یکدیگر حمایت کنند .تجربیاتشان را به اشتراک بگذارند و دوستی‌های ارزشمندی شکل دهند ♡

این گروه با یک هدف ساده اما ارزشمند شکل گرفت: ایجاد فضایی گرم، صمیمی و حمایتگر که در آن مادران زرتشتی بتوانند در کنار یکدیگر معاشرت کنند، تجربیات و توصیه‌های خود را به اشتراک بگذارند، به یکدیگر انرژی و انگیزه بدهند و لحظات زیبایی را همراه با .فرزندان و خانواده‌هایشان تجربه کنند

آنچه سه سال پیش به عنوان یک ابتکار کوچک آغاز شد، امروز به جامعه‌ای زیبا از مادران و خانواده‌های زرتشتی در سراسر لندن تبدیل .شده است؛ جامعه‌ای سرشار از دوستی، خنده، حمایت و حس زیبای تعلق و همبستگی

در طول این سه سال، مهشاد برنامه‌ها، دورهمی‌ها و گردش‌های متعددی برای مادران، کودکان و پدرها برگزار کرده است تا خانواده‌ها .فرصت داشته باشند در کنار یکدیگر وقت بگذرانند و دوستی‌های ماندگاری شکل دهند

در چیسویک گرد Mirtala در تازه‌ترین برنامه، روز جمعه ۷ آگوست، مادران گروه در یک شب دورهمی مخصوص مادران در رستوران .هم آمدند؛ رستوران مکزیکی تازه‌افتتاح‌شده‌ای که توسط بنایشا و رشاد راه‌اندازی شده است
این شب زیبا با غذاهای خوشمزه، خنده و همراهی دوستانه سپری شد و مهم‌تر از همه، فرصتی بود برای تقویت دوستی‌ها و ارتباط میان !قطعاً جایی است که باید امتحان شود Mirtala ،مادران. و برای تمام عاشقان غذا
همزمان با بزرگ‌تر شدن فرزندان، امید است که گروه مادر و کودک نیز در کنار آنها رشد کند؛ پیوند میان مادران و خانواده‌های زرتشتی را .مستحکم‌تر سازد و میراثی ماندگار از دوستی، حمایت و همبستگی در جامعه زرتشتی به وجود آورد ✨
اگر مادرِ جدید یا مادرِ باردار هستید، یا فردی را می‌شناسید که در این مرحله از زندگی قرار دارد، با کمال میل از شما دعوت می‌شود که به .این خانواده‌ی در حال رشد بپیوندید ♡
!برنامه‌ها و دورهمی‌های زیبای دیگری نیز در راه است و این جامعه از حضور شما بسیار خوشحال خواهد شد
:برای پیوستن به گروه مادر و کودک زرتشتی

The Sarkari Family – by Farzin Sarkari

As a Zarathushti family, we strive to live by the timeless principles of Humata, Hukhta, Hvarshta – Good Thoughts, Good Words and Good Deeds. These values are the foundation of our home and make raising our children, Daraius, Nasha and Davar, wonderfully simple. Every day, we ask them, "Was that a good thought? Was that a good word? What good deed did you do today?" These simple questions guide them to make kind, thoughtful and responsible choices.

Family, faith and education are at the heart of our lives. We encourage our children to work hard, care for others, respect the environment and make a positive contribution to society through their actions, both at school and within the wider community.

Giving back has always been important to our family. We have supported charitable causes within the Parsi community in India by helping families with hospital expenses during times of need. We have also had the privilege of welcoming Zoroastrian families from all over the world. We welcomed them into our Zoroastrian community, introduced them to the prayers from the Khordeh Avesta, explained the significance of the Sudreh and Kusti, and helped them understand the meaning and importance of the Navjote ceremony. Seeing these families reconnect with their faith and pass it on to the next generation has been deeply rewarding.

Through this, we have encouraged many young Zarathushti children and their families to understand the importance of their Navjote and to take pride in our faith, traditions and heritage.
What makes our family unique is the genuine care we have for others. We believe that by supporting, encouraging and serving our community with love, compassion and generosity, we strengthen not only our own family but the entire Zarathushti community.
We believe that even the smallest acts of kindness can make a lasting difference. Our hope is that Daraius, Nasha and Davar will grow into compassionate, responsible and proud Zarathushtis who continue to serve both our community and wider society with kindness, humility and integrity.

Shirin Madon, Professor at the LSE has been working with her colleague Prof. S. Krishna on community health in rural India for several years studying the emergence and evolution of India's Village Health, Sanitation and Nutrition Committees that were established in 2005.

In their latest article on the topic published in 2026 entitled *"Foot soldiers of the pandemic: The role of frontline health workers in building community healthcare resilience in rural Karnataka"* (published in *Oxford Development Studies*), the authors examine how the actions and participation of frontline health workers in rural India before COVID-19 influenced local health governance during and after the crisis.

Combining observational data from village health committees in Karnataka with qualitative personal narratives from workers, they analyze how these "street-level" health workers sustained essential primary care alongside emergency pandemic responses.

Ultimately, the study highlights how historical working patterns, local social dynamics, and the everyday agency of frontline health workers serve as critical mechanisms for fostering endogenous, long-term healthcare resilience in low- and middle-income country (LMIC) communities.

Traditional Food links generations. Here is an article by **Dolly Contractor** highlighting this precious link.

My Passion for Parsi Cooking: My name is Dolly Contractor, and I have always had a passion for cooking. I studied at Avabai Petit School in Bandra, Mumbai, where I looked forward to my weekly Culinary (Domestic Science) classes. At the time, I was a vegetarian, so I enjoyed learning to prepare simple vegetarian dishes.

During the holidays, I loved watching my mother prepare and cook food at home. Little did I know then how much her knowledge and love of cooking would influence me throughout my life.

I married at 18 years and came to England. In those days, there were no mobile phones or direct international calls. When I needed a recipe, I would write to my mother by air mail and patiently wait for her reply.

When my son Zubin was born on Āva Mah, Āva Roj, I began making Daar ni Pori for his first birthday. Over the years, I became very skilled at making them, and I still make them today.

I am also known for my Parsi cuisine i.e. Pugg Laroo, coconut Khaman na Larva, Malido, Ravo, Sev, Biriyani, especially, my Bhakhra's which I am told are very good by those who have tasted them!

I feel truly blessed to have four children and eight grandchildren. My hope is that one day they will follow in my mother's and my footsteps, keeping alive our cherished Parsi food traditions and passing this wonderful culinary legacy on to future generations.

ZTFE and the Zoroastrian Community was represented at the **InterFaith Conference at Saint Hill Manor,** East Grinstead on Sunday 28 June 2026 by Jehangir and Irma Sarosh, Mrs. Jerou Panthaki RamMohan and Dr. Karishma Koka. The emergent property of this conference highlighted the shared human values of people of different Faiths/Beliefs. The key take away was the need for increased understanding of these common values together with respecting differences.

Jehangir presented a paper and has offered a summary below: **Promoting peace and harmony in a troubled world.**

Today, interfaith engagement is essential to both religious and civic life. Yet in the face of urgent global challenges, a pressing question remains: Is dialogue alone sufficient?

A society thrives not just on laws, economics, or institutions but on the quality of relationships between people and relational virtues fostering shared responsibility.
In an economic society, a collection of individuals learns to cooperate to produce social contracts, institutions, and laws.

A flourishing society reflects an underlying interconnectedness that fosters compassion, mutual recognition, and shared belonging, often overlooked. Healthy societies require sound institutions for justice and freedom, and awareness of our interconnectedness to give these institutions a humane purpose. When religious leaders meet to issue respectful statements, the achievement is real but limited; it rarely reaches the grassroots. Change must happen at the grassroots level and in the hearts of those who make the statements.

Shared ethical commitments and insights into human responsibility for justice, compassion, and life's flourishing are essential. Religious cooperation boosts grassroots faith confidence. A deeper unity rooted in shared responsibility becomes a catalyst for constructive change, shifting from belief dialogue to cooperation and collective societal improvement participating in the renewal and betterment of life.

We all, especially in religion, must adopt a global responsibility to repair the world. Shift from identity to responsibility, boundaries to participation, and belief to lived insight, as everyone's well-being depends on all.
Focusing on shared ethical responsibilities instead of theological differences fosters genuine cooperation, the basis of society. Interfaith convergence lies not in beliefs but in ethical responsibility, revealing unity beneath religious plurality. Working together responsibly to improve the world promotes a global culture of compassion, justice, and Earth care. How will the shared ideas translate into real multi-faith action? Do our actions meet this goal?

Photographs courtesy Graeme Wilson, InterFaith Conference at Saint Hill Manor, East Grinstead.