



ZTFE organised Webinar series

Menopause: A frank discussion with Dr. Azmy Birdi and Dr. Clare Westcott

**Saturday 10th April, 16:00 UK time,
(20:30 India time).**

[CLICK here to view the recording](#)

This talk aims to create a better understanding of menopause and how we can support people experiencing it. There will be opportunity to ask questions and clarify any doubts at the end of the talk.

Dr. Azmy Birdi is a Fellow of the Royal College of Obstetricians & Gynaecologists in the UK. She has been involved in post graduate teaching and training for 17 years and is an accredited Menopause Specialist and a Special Skills Trainer for health care professionals.

Dr. Clare Westcott is a First Class Oxford graduate in Biology. She did her medical training in Birmingham and is now working in A&E , general practice and also running menopause clinics with Dr. Azmy Birdi.

